



PRESIDENT'S CORNER

This lodge year has gotten off to a stupendous start. We were given third place by the parade marshals for our Corn Roast float and won second place in the non-profit category! A big thanks to all who participated. Our September meeting theme was the Viking World Tour where we explored the countries the Vikings "visited" and how they changed those cultures. The presentations were all well-done and kindled a bit of pride in what our ancestors accomplished.

As most of you know, this year is the 200th anniversary of the first organized Norwegian emigration that left Stavanger on the sailboat, *Restauration*. Later waves of emigration were largely driven by the desire for more economic freedom but those leaving on the *Restauration* were Quakers fleeing religious persecution. I always thought it was odd that Norway celebrates people leaving the country! The *Restauration* replica left Stavanger with great fanfare this July 4 and followed the original route along the Western European coast, over the Atlantic into the Caribbean, and now up the Eastern seaboard of the United States to arrive October 9th in New York. Rosalind Larsen, one of our lodge members, had relatives on the *Restauration* and will be giving our October talk two days after it docks.

To commemorate our 50th anniversary celebration in January, we're asking you to complete a brief questionnaire, ideally with your picture, that we'll display at this event and those in the future. Along with looking at our photo books, it will be a fun walk down memory lane.

Last, to kick off our next 50 years, we've created a new logo that will be printed on shirts that we'll have for sale at the upcoming lodge meetings and Scandinavian dinner.

Alt for Norge
Mark Loury

CALENDAR/KALENDER

- Oct 9 *Restauration* arrival (aka Leif Erikson day)
- Oct 11 Lodge meeting **10am-noon**
- Oct 11 Knitting Club (after lodge meeting)
- Oct 12 Wood Carving club at Vicki's at 1pm
- Oct 18 ** Scandinavian Dinner **

UPCOMING LODGE EVENTS:

OCTOBER 11th MEETING CELEBRATION OF THE RESTAURATION



New time: 10am to noon

Bring snacks to share (see page 2)

On July 4, 1825, a group of 52 Norwegians set sail on the ship *Restauration* to make the first organized migration from Norway to North America. One of Rosalind's ancestors was on board!

OCTOBER 18th FUNDRAISER SCANDINAVIAN DINNER



We need your help to make this event a success. Please volunteer!

Tickets are on sale!! Spread the word!

See pages 2 and 6 for more info!

NOVEMBER 11th MEETING SILENT AUCTION, VIDEO & OFFICER NOMINATIONS



New time: 10am to noon

Food (pizza) will be provided

Raise money for the SON Foundation and help elect our new slate of officers.

LOCAL EVENTS

October 25th Norwegian Conversation

Meet Fjellaldalen lodge members for breakfast and Norwegian conversation at IKEA at 10:00am.

October 29th Norsk lecture

Jackson Crawford will be at MeadKrieger Meadery in Loveland from 6:30 to 8:00pm. Buy tix in advance!

REFRESHMENTS

We all enjoy having refreshments at our meetings, but it has been tricky to find people to provide these tasty treats. Our members are really great though at bringing food for Syttende Mai and Juletreffest, etc.

So, in future, please check the “Upcoming Lodge Events” information on page 1 to see if you should “[Bring snacks to share](#)” or if “[Food is provided](#)”.

If everyone brings something to share then we all get to enjoy a snack and all get to help provide it. Tusen takk!!



SEEKING VIKING VOLUNTEERS!!

Contributed by JoAnn Kison

Our Scandinavian Dinner is on Oct 18th!

We need **you** to volunteer to:

- Serve on the buffet line
- Set and decorate tables
- Plate cookies for tables
- Help with clean-up

Take this opportunity to work “elbow to elbow” with other lodge members for just a few hours to make our only fundraiser successful!

We are depending on **you**!

Let us know what role you want to play!!

Call JoAnn Kison: 970.581.2348

or Kari Kaufman : 970.744.0060

BAKE SALE BAKERS

Contributed by JoAnn Kison

Thank you all for the wonderful job you did last year with getting your bake sale cookies bagged and labeled properly per Health Dept rules!



We need to repeat the exercise every year to stay in compliance.

We will again **provide**

- Dated, personalized labels
- Zip-lock bags for your baked goods
- Plates to fit into the zip-lock bags
- Suggested pricing list

Please call JoAnn at 970-581-2348 with the number of personalized labeled zip lock bags you need. They will then be ready for you to pick up at the October lodge meeting on Oct 11th.

We are **so grateful** to each and every baker that helps make the Bake Sale such a success!

SCANDINAVIAN DINNER TICKET SALES



Have you seen the posts on Facebook about our Scandinavian Dinner? How about the attractive new flyer that Kerri

Venn helped us to create?!

Did you get to listen in when Kathy and Vicki promoted the dinner on Pirate Radio? (This great photo was on Stein Fjell's Facebook page last year.)

Our dinner also is listed in several local magazines and websites.



All of this enthusiasm makes one feel really proud to be part of this wonderful event!

Our ticket sellers are ready and waiting for lodge members as well as John Q. Public to buy tickets for our Scandinavian Dinner. Invite your family and friends to join you!

Many people are buying tickets online – it is quick, easy and immediate!

Get your tickets now! Go to steinfjell.com to buy online or, for the personal touch, contact your nearest ticket seller:

West of I-25 -- Margaret O. 970.556.4202

East of I-25 -- Joann H. 970.330.7236

IT'S TIME TO RALLY THE TROOPS!

Contributed by JoAnn Kison



Each year we elect our new officers during November's lodge meeting. Volunteering supports the framework of the lodge.

There are many positions that are important but not time-consuming such as the very fun Program Committee, or the New Member Committee.

Volunteering for a position gives you an opportunity to provide a valuable service and get to know your fellow lodge members better. Volunteer to be one of the troops!

Call JoAnn Kison at 970.581.2348 to see what positions or committees YOU might volunteer for in 2026.

STEIN FJELL CONTACTS

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secretary@steinfjell.com

Rick Bilstad, Treasurer 970.980.6850
treasurer@steinfjell.com

Rod Skaflen, Financial Secretary 970.484.5459
financialsecretary@steinfjell.com

John & Carol Baldo, Editor 970.223.7364
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We meet at Zion Church, 815 E. 16th St, Loveland

Website: steinfjell.com

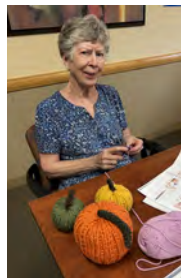
Facebook: Stein Fjell Lodge

Mailing: c/o 400 Spinnaker Ln, Ft Collins, 80525

KNITTING CLUB

Last month, Karen showed us how to create pumpkins just like the ones in this photo. They are super cute!

Knitting Club will meet right after the October and November lodge meetings. Come and join us!



WOOD CARVING CLUB



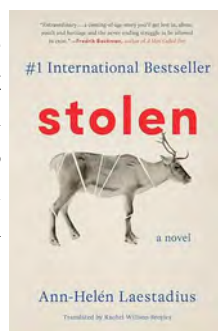
The wood carving club will continue to meet on the day after our lodge meetings at 1pm at Vicki's.

Right now they are working on chip carving holiday ornaments.



BOOK CLUB

Midge has chosen *Stolen* by Ann-Helén Laestadius as our next book. This Swedish novel follows a young indigenous woman as she struggles to defend her family's reindeer herd and culture. We will meet at Midge's home in November to discuss this book. Date and time TBD.



Gratulerer med dagen!

Happy Birthday!



Aiden McKean
Carla Nordstrom
Enid Van DeWalker
Heath Johnson
Holly Thompson
Ivan Bjornsen

Jody Werner
Joyce Jordeth
Karen Everett
Ralph Nordstrom
Richard Peterson



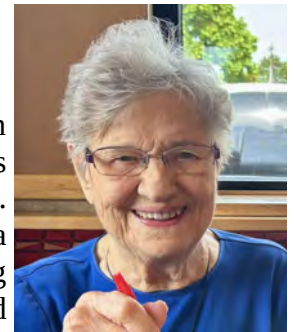
SUNSHINE

We got to visit Marian Erdal recently. She is doing well and will be celebrating her 90th birthday soon!



IN MEMORIAM - MICKEY SCHMIDT

Mildred L. Ernst was born in Humboldt, Iowa to Charles and Hannah (Sandvig) Ernst. She attended the Iowa Methodist School of Nursing at Drake University and became a registered nurse in 1956. She worked in several nursing specialties for over 40 years, including emergency department, internal medicine, pediatrics, oncology, and urgent care. She married Harold Schmidt on November 28, 1958 and to this union were born a son and a daughter. She was preceded in death by her husband, Harold, in 2010. She married Virgil G. Harper in December 2015. She was known for her gifts of Red Velvet Birthday cakes, her warm smile, and unwavering optimism.



IN MEMORIAM – KRISTI QUINLAN

Kristine Carol Quinlan passed away peacefully on September 18, 2025, at the age of 73. She was born on May 16, 1952, in Palisade, Nebraska, and lived a life marked by quiet strength, compassion, and deep love for her family and community.



As a child, Kristi spent her summers in Yellowstone National Park, where her father served as a Park Ranger. During the school year, she lived in Leadville, Colorado, where she spent every free moment skiing. A talented athlete, she trained and competed as a member of the Vail Ski Team.

Kristi went on to earn a degree in Respiratory Therapy and dedicated over 40 years to providing selfless, compassionate care to others.

Outside of work, Kristi found joy in the simple things — she was an avid gardener who loved tending to her plants and flowers, and she cherished the time spent playing cards and sharing laughter with her close circle of

Her legacy will live on in the hearts of all who knew and loved her.

THE TROLL HUNT CONTINUES..

We visited Rita the Rock Planter recently. She is on a hilltop between Victor and Cripple Creek, about an hour's drive from Manitou Springs. A great drive for leaf peeping. Lots of mining history to explore in the area too.



GOING PAPERLESS

Beginning September 1, Sons of Norway membership cards will no longer be mailed for annual renewals. Members can print off their card from the website under their profile or save a digital copy to your phone to show proof of membership.

This change is being made due to the ongoing rising costs of postage and our desire to continue to be good stewards of our resources.

NUMBERS

from Kendall Kjerstad, Sons of Norway
It's that time of year again, when we return back to our Sons of Norway Lodges and strategize for the future. Things at Sons of Norway improved tremendously last year. We hope that is also the case for you and your family.

There is no cost to our members to discuss and consider ideas that may be helpful to you and your family. Please, when you have the time and would like to review and analyze ideas that may protect and strengthen your numbers, and your family, give me a call. Sons of Norway is just a phone call or text away.

Kendall Kjerstad, Sons of Norway
970-697-1114 or cell 980-978-1634



BEST IN THE WORLD

Photo credit: hellochocolate.com



Chocolate lovers can celebrate a new winner declared during the International Chocolate Awards in the dark chocolate category. The top prize went to Vigdis Rosenkilde, a Norwegian chocolate maker for her 70% cacao Quellouno bar. She splits her time between Norway and Peru, where she sources the heirloom variety of cacao from a family farm. The combination of high altitude and other factors give the beans a unique flavor that varies a bit each harvest. The award-winning chocolate only has two ingredients – cacao and sugar; but the process of making each batch is complex.

Rosenkilde's bar was judged alongside many other submissions and part of the International Institute of Chocolate Tasting competition, in which more than 50 judges select winners in various categories. By the end of the competition, four final winners were declared, including the dark chocolate Quellouno bar. The artisan credits letting the cacao speak for itself with its unique and complex flavor profile that included berries, pecans, cream, port wine, and hints of other fruits.

LEIF ERIKSON

from Sons of Norway Newsletter Service

Leif Erikson [Leiv Eiriksson] was a Norse explorer, known for the discovery of Vinland around the year 1000. Leif and his companions may thus have been the first Europeans to “discover” America.

Leif was the son of the Norwegian-born Eirik Raude [Erik the Red] and his Icelandic wife Tjodhild. He grew up in Greenland.

According to Erik the Red's saga, Leif Erikson sailed to Norway in 999, where he was baptized and commissioned to introduce Christianity to Greenland. His father is said to have refused to accept the new faith, while his mother was baptized and built the first Greenlandic church.

We do not know for sure when Leif died. He is last mentioned alive in 1019, and was probably dead before 1025, because according to the Fostbrødrene's saga, his son Torkell had by then become chieftain in Eiriksfiord and lived on Brattalid.

The Vinland Expedition

According to Erik the Red's saga, Leif went off course on his way home to Greenland from Norway in 999 and discovered a land with self-sown wheat fields and vines (Vinland). In Grønlandingen's saga, however, it is said that Leif's discovery of Vinland was the result of a planned expedition.

A Norse settlement was found in the 1960s at L'Anse aux Meadows, on the northern tip of Newfoundland in Canada. This has been interpreted as the Vinland of the sagas. If Vinland refers to a land where wine grapes grow, the latter option is most likely.

The memory of Leif's voyage to Vinland

The memory of Leif Erikson and the significance of his discovery were seriously raised at the end of the 19th century. At the World's Fair in Chicago in 1893, which was dedicated to the 400th anniversary of Christopher Columbus' first voyage to America, Christian Krohg's painting of Leif Erikson was sent from Norway, and the ship Viking, a copy of the Gokstad ship, was taken by Magnus Andersen across the Atlantic to Chicago and became the subject of great attention.

In 1964, US President Lyndon B. Johnson proclaimed October 9 as an official national day of remembrance in memory of Leif Erikson's discovery. The date of Leif's arrival in Vinland is not specified in the sagas, but it is said to have been

in the autumn. October 9 was chosen because the Norwegian emigrant ship *Restaurationen* arrived in New York on this date in 1825.



RIGHT ON TIME

from Sons of Norway Newsletter Service

Oslo's airport, Gardermoen, has received some impressive accolades recently, when it was named the world's most punctual airport. Aviation analytics company Cirium reviewed their data for a month and found that 91% of all departures left on time. It's not the first time that the airport has scored high for excellence and reliability as they scored in the top 10 worldwide for the previous year.

Excellence is not only limited to airport operations but extends to a couple of Norwegian carriers as well. Scandinavian Airlines (SAS) was ranked at the world's most punctual airline, and Norwegian Airlines ranked fourth among European carriers.

The airport is proud of their accomplishment and director of operations Thorgeir Landevaag, credits the dedication and professionalism of every worker. They also self-monitor and regularly calculate their On-Time Performance for flights and have it listed on their website for customers to see. The airport places importance on delivering punctual service to the approximately 25 million customers that travel through each year.

Sources:

- [Oslo Airport most punctual airport in the world | The Avinor Group](#)
- [Oslo Airport named world's most punctual airport - NORWAY NEWS - latest news, breaking stories and comment - NORWAY NEWS](#)
- <https://www.oslo-airport.com/>



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STEIN FJELL LODGE INVITES YOU
TO OUR 44TH ANNUAL
**SCANDINAVIAN
DINNER**

Saturday, OCTOBER 18, 2025
at 1:30 p.m. and 4:30 p.m.



New Location in Fort Collins:

**Trinity Lutheran Church
301 E Stuart St**

Adults \$36
Youth (ages 6-12) \$15
Children 5 and under FREE



Treat your taste buds to meatballs and lutefisk, with potatoes, carrots, herring, lefse, riskrem, and traditional cookies.

Shop for holiday gifts at our boutique, and for tempting breads, cakes, and cookies at our bake sale. Don't miss our silent auction, photo booth with props, and cultural demonstrations.

Donations of canned and packaged food for the church's food pantry outreach will be appreciated.



TICKETS *Sales end October 13.*

NO sales at door.

Buy tickets online at: steinfjell.com or at

<https://stein-fjell-lodge-sons-of-norway.square.site>

Or call:

West of I-25 - 970.556.4202

East of I-25 - 970.330.7236

Questions? Email:

dinner@steinfjell.com



Trollheim Christmas Fair
 SONS OF NORWAY, TROLLHEIM LODGE
 6610 West 14th Ave.
 Lakewood, CO 80214
 303-232-1700

GOD JUL



November 7th & 8th, 2025

Doors open at **10:00 AM**

Open until **3:00 PM**

Admission: **\$2.00**

Children under 12: **Free**

Shopping

Please note: Some vendors may only accept checks or cash.

Shop for gifts. Shop for yourself. Shop at over 15 vendors. Shop at our Butikken. We have a wide variety of merchandise so...
SHOP TILL YOU DROP!

Enjoy shopping in our
Wonderland Of Scandinavia

 **SONS of NORWAY**

Mission Statement

*The mission of
 Sons of Norway
 is to provide quality
 insurance and financial products
 to our members,
 promote and preserve the
 heritage and culture of Norway,
 and to celebrate
 our relationship with other
 Scandinavian countries.*



Free Children's Cross Country Ski Event

BARNELØPET

Saturday, February 21st, 2026

Legett Hall

Snow Mountain Ranch YMCA, Granby

1 km, 2.5 km & 5 km for ages 0 – 16

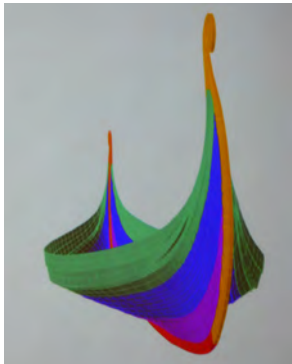
Check-in at 9:30am Event begins at 11:15 am

Free ski rentals at YMCA Nordic Center

After-event refreshments

Info and Registration at www.barnelopet.com

Sponsored by Sons of Norway District Six & the Colorado Lodges



Our September programs are always special!

This year, we took a Viking World Tour!

Our volunteers put together fascinating displays about the eleven countries that the Vikings “visited” between 793 and 1000 AD. They also offered tasty treats of breads, cheeses, cookies and candy typical of each country.

Tusen takk!

