



PRESIDENT'S CORNER

I hope that everyone has had a memorable Summer. As the season is winding down, our lodge year is just starting to ramp up. Your board and organizing committees have been hard at work creating informative, fun programs and cultural opportunities. I'm really excited about Stein Fjell's offerings this year.

Please note that our monthly meetings will be from 10am to noon starting in September!

We had a knitting class a few weeks ago with expert Scandinavian knitter, Karen Case, the book club will be meeting soon and our wood carving group will resume. The wood carving group received a grant from the Sons of Norway foundation that we're using to upgrade our tools and to bring in expert carvers to teach.

We participated in the annual Corn Roast parade and won third place for best float. A nice achievement after our first-place last year! This event also kicks off ticket sales for our Scandinavian Dinner. The site of the dinner has changed to Trinity Lutheran Church in Fort Collins. It was a difficult decision but you'll find a brighter, homier, and more festive environment. Vi håper å se deg der!

Finally, in January, we'll celebrate our 50th anniversary.

...continued on page 3

CALENDAR/KALENDER

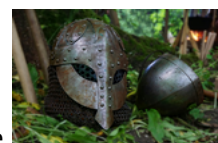
Sept 1	Labor Day
Sept 10	Book club at JoAnn's in Loveland at 1pm
Sept 13	Lodge meeting 10am-noon
Sept 13	Knitting Club (after lodge meeting)
Sept 18	Board Meeting 7pm at Zion
Sept 20	Autumnal Equinox
Sept 28	Wood Carving club at Vicki's at 1pm

UPCOMING LODGE EVENTS:

SEPTEMBER 13th MEETING VIKING WORLD TOUR

New time: 10am to noon

Enjoy learning about each of the countries that the Vikings invaded between the years 795 and 1000. Savor tasty food samples too!



OCTOBER 11th MEETING CELEBRATION OF THE RESTAURATION

New time: 10am to noon

On July 4, 1825, a group of 52 Norwegians set sail on the ship *Restauration* to make the first organized migration from Norway to North America. One of Rosalind's ancestors was on board!



OCTOBER 18th FUNDRAISER SCANDINAVIAN DINNER

Sign up now to help make this event a big success!

Tickets are on sale!! Spread the word!
See page 4 and 6 for lots more info!



LOCAL EVENTS

September 24th Norsk lecture

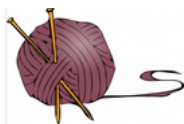
Jackson Crawford continues his monthly lecture series at MeadKrieger Meadery in Loveland from 6:30 to 8:00pm. Tickets sell out – buy in advance!

September 27th Norwegian Conversation

Meet Fjelldalen lodge members for breakfast and Norwegian conversation at IKEA at 10:00am.

KNITTING CLUB

The knitting club met recently. Thanks so much to Karen Case for providing some great notes and instruction and some really beautiful yarn.



Our first project is a dishcloth using knit and purl stitches. Forty rows should not take long, right??

The knitting club will be meeting again right after our lodge meeting on September 13th. Bring your #6 needles and come and join in!

WOOD CARVING CLUB

The wood carving club will meet on September 28th at 1pm at Vicki's. We will work on some chip carved Christmas ornaments and discuss the best date and time for future meetings. We welcome new members!

BOOK CLUB

The book club has been reading *Kristine, Finding Home: Norway to America* over the summer. The book tells the story of Kristine Kristiansen Hjelmeland, a young woman born and raised in Førde, Norway, and her journey from sheltered maiden aunt, to mother, to leader within her new American community.

We will meet to discuss Kristine's story at 1pm on Wed September 10th at JoAnn's home (note the new address) at 4503 Sheridan Ave, Loveland, CO 80538.

The book is a quick and enjoyable read. Contact Carol if you would like to borrow a copy to read before the 10th. We would love to have new members of the book club group!



STEIN FJELL CONTACTS

Mark Loury, President 970.218.1157
president@steinfjell.com

Mike & Jody Werner, Vice-Pres. 316.250.6409
vicepresident@steinfjell.com

Sharon Hansen, Secretary 860.460.4795
secretary@steinfjell.com

Rick Bilstad, Treasurer 970.980.6850
treasurer@steinfjell.com

Rod Skaflen, Financial Secretary 970.484.5459
financialsecretary@steinfjell.com

John & Carol Baldo, Editor 970.223.7364
editor@steinfjell.com

We meet at Zion Church, 815 E. 16th St, Loveland

Website: steinfjell.com

Facebook: Stein Fjell Lodge

Mailing: c/o 400 Spinnaker Ln, Ft Collins, 80525



IN MEMORIAM

Mickey Schmidt passed away last Thursday.

Services will be on Thursday September 4th at noon at First United Methodist Church in Greeley.

IN MEMORIAM

Lynn Richard Loken, a member of our lodge since 2024 and a devoted long-time member of Zion Church, passed away peacefully at home on the morning of August 17th.

Lynn's obituary noted:

"Lynn's life was a testament to hard work, family devotion, faith, and the joy of pursuing one's passions. His presence will be deeply missed but forever cherished in the hearts of those who knew and loved him."



PRESIDENT'S CORNER – part 2

continued from page 1

Harlan Olson has done a complete redesign of the website. The new website looks amazing and contains so much valuable information about our lodge. I strongly encourage everyone to browse through it. Our Facebook page also contains fun information inside and outside the lodge. Make sure that you “like” the posts as it helps us reach more people.

As many of you know, 2025 honors the 200th anniversary of the first organized emigration from Stavanger, Norway on the *Restauration* ship. There's a Facebook website with daily updates on its progress that you'll find very interesting. It will arrive in New York with great fanfare on October 8, the same day the original boat landed.

To the credit of our core leadership, Stein Fjell remains vibrant and strong. We'd love to have you volunteer your talents to complement theirs, especially as we approach our anniversary.



SUNSHINE

Kari Wright sent a note on behalf of **Marian Erdal**: “Mom sends her love to all at the Lodge. She loves seeing all that is still happening, plus all of the new faces, in the Posten. Thank you so much for mailing a paper copy each month. A huge thank you to all who write to mom on occasion. Her 90th Birthday is October 21, so cards would be very much enjoyed. 2305 Patriot Heights #1306, Co Springs, CO 80904. Mom just met her 4th great grandchild, Artesia Sage Olazaba, born in April to Kira & Arturo, and visited Marian in July. Smiles were had by all! Tusen takk!”

Terry Thompson was in the hospital recently. He called today and talked for a good twenty minutes. Terry is staying with his son in Steamboat Springs “for a spell”. He feels like he is making progress and is enjoying the local senior center. You can write to Terry c/o Bruce Thompson, 2621 Honeysuckle Ln., Steamboat Springs, CO 80487.

Gratulerer med dagen!

Happy Birthday!



Andrew Bothwell
Becky Holm-Johansen
Emily Strand
Kristin Bjornsen
Kristin Vollstad
Megan Bothwell

Michael Erickson
Neil Johnson
Nina Johnson
Peggy Kvasager
Sonja Bjornsen

Chris Johnson told us in June that he was about to start treatment for colon cancer.

Back in July, he wrote: Please tell everyone at the SON lodge that I said thanks for the thoughtful get well card. That is my goal. I hit the midway point of my chemo treatments next week, finishing chemo in late August and cancer removal surgery sometime in September. Besides chemo, I'm also doing some natural stuff with hydrogenated water and food grade hydrogen peroxide drops, we shall see. Hope to see you all at the Juletefest in December. Viking tough always, Chris

Last week's update was: My final infusion for Chemo is Monday 8/25 then I walk around with a slow drip chemo for two days so Wednesday the 27th at noon I should get to ring the bell for completing my chemo treatment. Then it is the same battery of tests I had last May to see if the tumor has shrunk enough for surgical removal sometime mid-September. We just watched Heath graduate from basic training yesterday at 17. He starts his senior year of school starting Monday. Aleksia has moved to Florida and Gage starts his next hockey season week after next. And Nicky is my rock of support and takes me to all my treatments and keeps my spirits up. I can see why some folks choose not to do chemo it has been a rough road. But Viking tough! Chris J.

Chris' address is 7017 Military Rd, Cheyenne, WY 82009

OUR SCANDINAVIAN DINNER – VOLUNTEERS NEEDED!



We have found a new location, we have set a date and started selling tickets! Now we need the volunteers that make this actually happen!!

There are so many ways that you can help!

- Setting tables and packing portions of herring and lingonberry etc. on Friday October 17th
- Peeling potatoes, packing riskrem, cutting lefse, arranging cookie trays and more on the morning of Saturday October 18th
- Cooking and serving food, welcoming guests, clearing and resetting tables etc. on the afternoon of Saturday October 18th
- and, if you can't make it on the day, please, please sign up to bake some cookies or make riskrem

Please sign up at our September meeting or call JoAnn at 970.581.2348 or Kari at 970.744.0060

Mange takk!

P.S. Don't forget to buy your tickets! See page 6.



I Sell Senior's Homes

Experience – to **Take Bold Action**
 Knowledge – to **Negotiate Expertly**
 Resources – to **Prepare Home to Sell**
 H.E.L.P. – up to **\$1,000 at Close**

JoAnn Kison - (970) 581-2348

www.HOMES4SALECOLORADO.NET



CORN ROAST PARADE



Loveland held its 129th annual parade, Saturday August 23, 2025. The parade theme was “Follow the Yellow Corn Road” based upon the famous song from the “Wizard of Oz”. I don't know about you but one of the scariest memories I have from childhood was watching the scenes when the flying monkeys stomped the hay out of Scarecrow, threatened the Cowardly Lion, and took away Dorothy and Toto into the wicked witch's castle.



Float preparations began the day before with rain in the forecast for the day of the parade. As we reassembled that morning, threatening clouds billowed from the West and it started to rain harder, especially as we were driving the tarp-shrouded dragon-ship float through Loveland's back roads. Just as we arrived in the staging area, the rain stopped, and we completed the decorations. When the parade was about to start, the marshals awarded us the third-place ribbon.



Winding through downtown Loveland, we heard shouts of “lutefisk” and “Norway”, and saw bystanders record the information for the Scandinavian Dinner, but the real star of the show was Madelyn, our Dorothy.



On the way back we lost a couple things from the trailer but were able to go back and find them, a fitting end to a very eventful day.

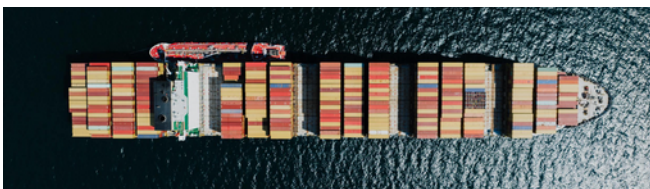
NUMBERS

from Kendall Kjerstad, Sons of Norway

It's that time of year again, when we return back to our Sons of Norway Lodges and strategize for the future. Things at Sons of Norway improved tremendously last year. We hope that is also the case for you and your family.

There is no cost to our members to discuss and consider ideas that may be helpful to you and your family. Please, when you have the time and would like to review and analyze ideas that may protect and strengthen your numbers, and your family, give me a call. Sons of Norway is just a phone call or text away.

Kendall Kjerstad, Sons of Norway
970-697-1114 or cell 980-978-1634



SHIP RUNS AGROUND WHILE NEIGHBOR SLEPT SOUNDLY

from Sons of Norway Newsletter Service

Johan Helberg woke up to quite the lawn decoration outside of his home, which lies at the edge of a fjord outside of Trondheim, Norway. The retired museum director was alerted by a panicked neighbor to the presence of a 443-foot container ship just yards from his front door. The neighbor heard the approach of the ship at around 5 am, quickly ran next door, and started ringing Johan's doorbell. Not accustomed to visitors at such an hour, Helberg ignored it. Only after a phone call did Johan step outside to see the ruckus that he had slept through. While the ship did cause damage to a cabin heating pipe, miraculously, no other harm was done to property or life.

Initial efforts to dislodge the vessel from the spot failed. However, five days later they were successful in towing the ship to a nearby harbor.

Reflecting on the whole ordeal, Helberg stated, "I doubt I'll ever experience anything quite like this again." But also, "I wouldn't have traded this experience for anything."

GOLF MARATHON

from Sons of Norway Newsletter Service



Photo Credit: lofotenlinks.no

Guinness World Records is reviewing the latest submission for a golf marathon record. Looking to break the previous 31-hour record set at the Lofoten Links golf course in the north of Norway, 25-year-old Isaac Rowlands set out to play a continuous 32-hour golf session. The avid golfer started playing at 11 years old and is currently a PGA Assistant Pro in England. He chose the location primarily for its strategic location in the Arctic Circle, which would allow him continuous daylight and for its beauty and challenge.

During the marathon, Isaac had four friends along with him as his team to film the entire undertaking and help keep him going when fatigue and discouragement set in. In his time on the course, Rowlands completed 182 holes and walked the entire course multiple times to cover a total of 54 miles.

He also raised funds for Macmillan Cancer Support, which helped with his care when he had a lymphoma scare a few years ago.

Sources:

- [Hertfordshire golfer waits for golf marathon record confirmation](#)
- [Isaac Rowlands completes the Guinness World Record Attempt! - Lofoten Links](#)
- [Golfer breaks world record at 'bucket list' course where the sun doesn't set - Irish Mirror Online](#)



STEIN FJELL LODGE INVITES YOU
TO OUR 44TH ANNUAL
**SCANDINAVIAN
DINNER**

Saturday, OCTOBER 18, 2025
at 1:30 p.m. and 4:30 p.m.



New Location in Fort Collins:

**Trinity Lutheran Church
301 E Stuart St**

Adults \$36
Youth (ages 6-12) \$15
Children 5 and under FREE



Treat your taste buds to meatballs and lutefisk, with potatoes, carrots, herring, lefse, riskrem, and traditional cookies.

Shop for holiday gifts at our boutique, and for tempting breads, cakes, and cookies at our bake sale. Don't miss our silent auction, photo booth with props, and cultural demonstrations.

Donations of canned and packaged food for the church's food pantry outreach will be appreciated.



TICKETS *Sales end October 13.*

NO sales at door.

Buy tickets online at: steinfjell.com or at
<https://stein-fjell-lodge-sons-of-norway.square.site>

Or call:

West of I-25 - 970.556.4202

East of I-25 - 970.330.7236

Questions? Email:

dinner@steinfjell.com

