



Meeting Start Time Changed

Starting with September 4, 2014, the regular lodge meetings will be 7-9 pm.

Kathy Brown, President

Are You My Cousin?

Last January, the ladies from Greeley shared memories of their visits to Norway. During that conversation, Marilyn Loustalet mentioned that she was a descendent of Harald Fairhair, first King of Norway. Afterwards, Kathy Browne raced over to let Marilyn know that they were cousins because she was also descended from Harald Fairhair. Of course, there's about 40 generations between both ladies and Harald, but Norwegians take their genealogy seriously. Ask anyone who has visited relatives there and they will probably describe how a bygdebøker (book of farm records) suddenly appeared with everyone looking for cousins, aunts, and uncles.

At the September meeting we won't have any bygdebøker, but we will begin learning about where each other's families lived in Norway. **Your job is to come to the meeting with the name, or at least a general idea, of where one of your ancestors lived.** We'll start by gathering in groups by fylke (something like our counties) and compare what each person knows. Just imagine the stories you'll hear. Who knows, you may discover a fourth cousin, once removed.

STEIN FJELL CONTACTS for 2014

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Coming in October

A remarkable program is planned for our October lodge meeting. It is definitely one you won't want to miss! Former Stein Fjell President and accomplished pianist, Carol Condit, will present "Norske Melodier". We will be transported by her short piano compositions featuring ten Norwegian composers. Dialog about each musician, along with literary quotes from Norwegian authors and poets, will be interspersed throughout her performance. Invite your family and friends for this very special night.

Your Presence is Requested

A note from your President, Kathy Browne

Although our "year" matches the calendar year, September always feels like starting a new year to me. How about you? Consider this to be your personal invitation – **please come to the lodge meeting on Thursday, September 4th.** I think you will find the evening to be varied and interesting, as well as, challenging. Only those present will have the opportunity to voice an opinion on what we should or should not do this next year. Please come and make sure your ideas are considered.

We are returning to a 7pm start time, but we will be following the new agenda format where we start with a social half hour – it is a relaxing time to visit with others over light refreshments. At 7:30 we will start the more formal part of our meeting with celebrations and ceremonies. By 8pm, the program will start and there will be two parts – a convention diary by our delegates who went to Palm Springs; and a search by everyone present for a "cousin" within the lodge. Finally, during that last half hour you will be asked for your opinions regarding what the lodge should continue doing, stop doing, and start doing. Your ideas will be the driving force for any changes that happen starting January, 2015.

Nominating Committee

One of the most important tasks asked of any lodge member is to be on the Nominating Committee. As we all know, it is NOT an easy task. Each year, this committee must find people willing to fill:

- 5 executive offices;
- 6 director positions;
- 15 support offices;
- And at least 8 committee chairmen positions.

You may have notice at the December installation of officers that there often more people standing than sitting by the end of the ceremonies. Although there seems to be an endless list of positions, there are no unimportant ones. When you say "yes" to taking on a position for 2015, commit to doing your very best – it is far worse to have a position "filled" in name only than to have a known vacancy. *Pretend officers* can quickly destroy the synergy within a lodge.

Our thanks go to Rod Skaflen, Marian Erdal, and Ras Erdal, who have agreed to work together as our Nominating Committee this year. It's time to decide what job you want in 2015. In fact, if there is a special one you'd like (President, anyone) contact them immediately.

MEETING REMINDERS FROM RAS

...Stein Fjell Host Coordinator.

Our **September 4th** Refreshment Hosts are: Lyn Warrick (chair), Karen Everett, Russell Knutson, Darlene & Jim Miller & Maria Reichel

Looking forward to October 2nd... Our refreshment hosts are: Rick Bilstad (chair), Kris Bakich, Bernice Kwan, Yvonne Morton, & Clayton Nelson,

Mange tusen takk for hjelp.



Our **Lutfisk Dinner** planning has begun. The "**Great Norwegian Meatball**" will be present at our September and October meetings. Your monetary contributions placed in the "Great Norwegian Meatball" will help greatly to reduce costs. Remember...we no longer ask you to make the meatballs!!!!!!

DITT OG DATT This 'N' That

We're glad to hear Jane Robbins is rehabbing so nicely. She says THANK YOU to all for the calls and cards. We hope to see her back in action real soon.

Mary Ann Rakke has settled in to her new assisted living apartment. She'd love to hear from you with a call or a card, her new information is on member update.



September Birthdays

1 Becky Holm-Johansen	21 Emily Strand
3 Mike Erickson	23 Even Reichel
6 Eunice Michalka	25 Brian Leeson
10 Peggy Kvasager	26 Nina Johnson
11 Megan Bothwell	29 Lynne Rosenthal
14 Kady Parkos	29 Andrew Bothwell

Please respect fellow members' privacy.

Names, Phone Numbers, and Addresses must not be redistributed, or used for commercial purpose

SUNSHINE

Lynne Rosenthal became a Golden Member in June!!

The Strand Family welcomes Exchange Student, Theoline Tronstad, from Norway. Theoline is from Asker, south west of Oslo. She will be attending Loveland High School as an 11th grader this year. We all hope to meet and greet her.

SEPTEMBER Calendar

- 4: Lodge Meeting 7:00pm
- 18: Board Meeting 7:00 pm Skaflen residence

October Calendar

- 2: Lodge Meeting 7:00 pm
- 18: Lutfisk Dinner 3:30 & 4:00 pm Faith Church LvInd
- 31: Halloween

November Calendar

- 2: Daylight Savings ends
- 9: Father's Day in Norway
- 13: Lodge Meeting** 7:00 pm
- 15: Pizza Party
- 20: Board meeting

A good Friend of Stein Fjell Lodge



Colleen von Bernuth 1939 - 2014

Colleen LaRue Swanson von Bernuth, age 75, passed away at her home in Longmont on July 26, 2014. Born February 19, 1939, in Berthoud, Colorado, she spent most of her life in Colorado. She graduated from Loveland HS, and Colorado State University, where she met Richard (Dick) von Bernuth. She taught Home Economics at Longmont HS before becoming a full-time mother. She was very active in many groups at First Lutheran Church in Longmont, as well as PEO and the Boulder County 4-H program. She owned Traditions International, the Scandinavian gift store in Estes Park, for almost 20 years, and organized the Estes Park Scandinavian Midsummer Festival for several years. She was passionate about her church, her family, and her Swedish heritage. Colleen is survived by her husband, Dick, her sister, Marleen Swanson, and her children, Greta von Bernuth Abromski (Mark), Jennifer Thune-Larsen (Eirik), Marnay von Bernuth, Kirk von Bernuth (Lindsay), and her grandchildren, Ryan Goforth, Luke Goforth, Kaari von Bernuth, Lauren Abromski, Morgan Abromski, Espen Thune-Larsen, Bjørn Thune-Larsen, Ella Haller, Madelyn Haller, Mia von Bernuth, and Kyra von Bernuth. Memorial contributions may be made to Ryssby Church in care of First Evangelical Lutheran Church, 803 3rd Avenue Longmont, CO 80501 or the American Cancer Society

Stein Fjell Lodge!! We are still planning on putting together a cook book! Did you send in one or two of your favorite recipes, family favorites or Scandinavian, by email to JoAnn Kison or Kathy Browne (info below)?

The lodge needs your help to make this endeavor successful. We'll sell the cookbooks at the Lutefisk Dinner, so we need to work on it NOW. Please help!

Kathy Browne at browneks@gmail.com

JoAnn Kison at jkison@comcast.net

Norwegian phrase for September

Telle fra en til ti Count from one to ten
En, To, Tre, Fire, Fem, Sex, Sju, Åtte, Ni, Ti
One, Two, Three, Four, Five, Six, Seven, Eight, Nine, Ten

CONVENTION DIARIES FROM THOSE WHO WENT:



Velkommen

Sunday, June 23

The "SONs Shine in the Desert" 2014 District VI Convention, Palm Springs, started with the opening ceremonies and continued with a memorial service, parliamentary procedure questions, zone caucus' and the district lodge meeting. We enjoyed nice lunches and the cookie breaks! We found so many wonderful favors from all the lodges waiting at our seats after each session. There was a lot of excitement and energy in the air and people meeting old friends and new. It was a grand time.

Nancy



Ras Erdal, Hardanger "Klokkestreng" second place!!

Monday, June 23

We arrived on time after a delightful 2 day diversion at Disneyland. I entered my Hardanger "Klokkestreng" in the Cultural Skills Contest (which eventually won a 2nd place ribbon)The meeting was packed with activity, and it was well planned with an opening that included: Introductions, a Color guard, an Invocation, local information, welcomes from a local politician and the Norwegian Consulate, and SON officers. A Parliamentarian was designated, and "Ms. I. M. Piggy" made several appeals for contributions to help support camp Norge.

Cont....

There was a Memorial Service at which Kathy presented the traditional rose for Stein Fjell. Bev Moe, of Trollheim, was elected as our new Zone 8 Director. When we recessed for lunch, I was next to a lady who caught my attention because her name was "Kari", the same as our daughter. Marian then noted that her last name was "Moody" and recognized her as a charter member of Stein Fjell (see photo) who now lives in Sun City, AZ. The nominations committee submitted a slate that included Lyle Berge for the position of International Director and the Elections/teller committee was chaired by our Richard Linsenmann. Resolutions were amended and passed, and Stein Fjell's "Posten" received an Honorable mention for a large lodge Newsletter. Each day was ended with an enjoyable poem about the day's activities.

Ras Erdal



Ras, Kari Moody a charter Stein Fjell member, Marian

Tuesday, June 24th

We started the day by answering an appeal for new members for the Century Club of Camp Norge. Ras and I joined and will be the Ambassadors from Stein Fjell Lodge. We will keep you up to date on happenings at the camp. Stein Fjell was proud to accept a check for \$50.00 for recruiting more than a 3% gain in new members. Kira Wright, Stein Fjell Unge Venner, was acknowledged as a 2013 District 6 Scholarship Winner. Regarding the contest of saving the box tops and labels for education, Zone 8 had the highest amount-1,631 of which 1,048 were from SteinFjell-we can be most proud! Keep it going! Thanks, Maria! Sandal Camp was fun and Educational, exchanging ideas of Lodge Programming, Technology, Foundation and several other topics. I added a tour of the Stars Homes to round out the day.

Thanks Stein Fjell for letting us attend!

Marian Erdal



Wednesday, June 25

The last day of the Convention was full of laughs, there was everything from songs to and boasting of lodges (*or so I heard*). On this day, there is a fury to get the business of the convention closed, getting Miss Piggy full (*and finding her a Mr. Piggy*) then enjoy a song or two (*or four or five – or so I heard*). Winners of the Norwegian Cultural Crafts contest were announced, I am happy to say that Colorado won many of those including our own Ras "Hardanger" Erdal. Then there is a raffle and great prizes to be won (*I personally had about 20 tickets in my pocket – I missed out on those*) and even more boasting of local lodges, I also heard that too. You may ask how could I be at the convention and miss quite a bit of the last day? Well, if you think I was lounging in the great rooms, swimming in that fantastic pool or sipping a drink watching the World Cup (soccer) in the huge foyer of the hotel you would be wrong. As a member and president of the Teller committee, I had the responsibility of counting votes (*lots of them*). The first count came for the election of the International Director which was a real doozy. We, as a committee, counted that vote several times and it still came out with both of the candidates having the same number of votes. *Wow, talk about the process*. After some discussion we took another vote and counted several times again to make sure. This time Lyle Berge came out a few votes ahead, the conventioners blew the roof off the place. Then came the voting process for at large of the International Convention. This count was even more difficult than the first. Counting was extremely hard. We couldn't count some, others we had to figure if we could make out the writing and so-on. We finally managed and found our delegates from District 6. At the end of the day the whole Convention gathered for the traditional dinner and dance. We had the installation of officers and ate a very good dinner. As final act Nancy Dunn received her cultural pin for music and I received my second level cultural pin for music.

Richard



Our 35th Annual Stein Fjell Lodge Sons of Norway

Lutefisk & Meatball Dinner

Dinner includes Lutefisk, white sauce/butter, Rosina Swedish Meatballs, vegetables, potatoes, sweet/sour beets & pickles, herring, lingonberries, lefse, scandinavian cookies, riskrem, coffee-lemonade

...In Loveland at:

Faith Church
2707 N. Wilson Ave.
Loveland, CO 80538

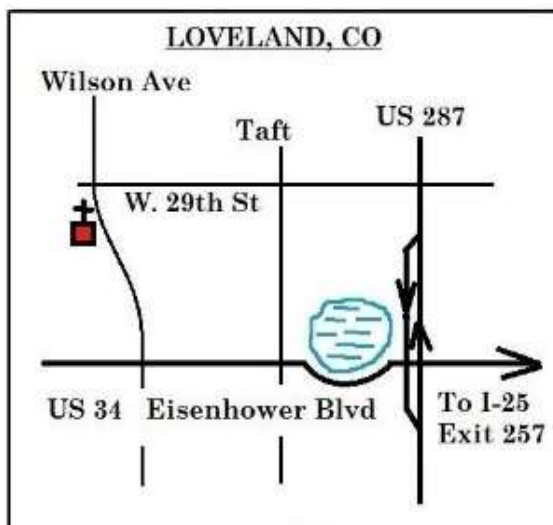


Saturday, October 18, 2014

Dinner Seatings: 3:30 p.m. & 6:00 p.m.

with Reservations...

Adults... \$19.00 Children ages 5 to 12...\$8.00



Event includes: Butikk (Bazaar) with Scandinavian Gifts and Baked Goods for Sale

For Information & Ticket Sales

Ft. Collins...(until 10/13) Marian Erdal...(970) 225-9035
" " (10/14 to 10/18) Susan Zook... (970) 493-9344

Greeley.....Midge Parkos.....(970) 356-7489

Loveland.....Barb Nolin.....(970) 667-7641

LongmontKris Bakich..... (303) 883-1890

Windsor.....Kristi Quinlan.....(970) 686-9444

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STEIN FJELL LODGE meets on the first Thursday of each month at 6:30 p.m. in the Spiritual Life Center, Good Samaritan Society – Loveland Village, 2101 S. Garfield Avenue, Loveland, Colorado. Board meetings are held on the third Thursday of every other month at the home of a member. **YOU ARE WELCOME TO JOIN US!**



**SONS OF
 NORWAY**



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.

Sons of Norway misjon er å fremme og ivareta norske kulturtradisjoner, feire vårt forhold til andre nordiske land, og samtidig tilby de beste forsikrings og finansprodukter til våre medlemmer.