



### President's Corner

On some given days, fall is in the air. Much of it has to do with temperatures, colors, and scents. Of course, one of those beloved scents will be from our lutefisk dinner!

Lutefisk is synonymous with volunteering for not only a long day's effort, but work proceeding that busy day. Remember when you are asked to volunteer and share in that day, that it is really a time of coming together for all of Stein Fjell Lodge. Lutefisk is one of the events which identifies us in our community. The sign-up sheets will be at the lodge meeting. Please participate.

In the spirit of volunteering I wish to thank JoAnn Kison, Rick Bilstad, Rosalind Larsen, and Ginger Ketels, who will be serving on the nominating committee to select officers for 2016.

Again in that spirit, Stein Fjell needs 3 or 4 members to serve on the 40th Anniversary Dinner Committee. The committee will be primarily concerned with a location, menu, and entertainment.

Participation leads to stronger roots, friendships, and enjoyment in our lodge (paraphrasing Kathy Browne). Something to remember!

Rod Skaflen, President

STEIN FJELL CONTACTS for 2014

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[Editor@steinfjell.com](mailto:Editor@steinfjell.com) Peggy Kvasager 970.690.1931

### October Cultural Corner Program:

The program will be a living history presentation with many Viking objects on display, including a vertical loom that demonstrates how weaving was done in the Dark Ages. Anya Lyuksyutova, a Viking re-enactor, will be giving us this wonderful program. She is a representative of the Fjellborg Vikings re-enactors and Colorado's Viking Age Living History group.

Stein Fjell Lodge will hold a welcoming ceremony for new members Kyle Berwick, Robert Berwick, Dana Engelhardt, and Debra Walser at the October 1 lodge meeting.

All members with e mail should have received a Lutefisk Flyer-please reprint it and put it in your church or stores. There will be flyers at the Meeting, October 1st, for those without e mail, please use them wisely.

At the October meeting, our annual MEATBALL will be present. Please contribute to the meatball Fund. We are so thankful that we do not have to make the meatballs any longer, but we surely need your contributions to offset the cost.

### October Calendar

- 1: Lodge Meeting 7:00 pm, Good Sam LvInd
- 9: Hardanger 1:00, Erdal home
- 12: Columbus Day
- 17: Lutefisk Dinner, Faith Church, LvInd**
- 20: Hardanger 1:00, Parkos home
- 29: Woodcarving, Trinity Lutheran, LvInd
- 31: Halloween

### November Calendar

- 5: Lodge meeting 7:00 pm, Good Sam LvInd
- 8: Father's Day, Norway
- 11: Veterans Day, USA
- 26: Thanksgiving

**DITT OG DATT This 'N' That****November Meeting-Silent Auction**

Please remember to bring Silent Auction Items to our November meeting-along with your wallet, so you can buy a few items. It's always fun! Rick Bilstad has the papers to fill out. Proceeds to go to SON Foundation and Camp Norge.

**Scholarships**

At the September Board Meeting, changes were made to both of our scholarships. The Chairman of the Scholarship Committee will now be Gary Zook. Both of the other members of the committee will remain the same. The Scholarship Committee Chairman recommends that we give one Member Scholarship and one Community Scholarship, this year, for \$750.00 each, to graduating High School Seniors. Download the application from our website, steinfjell.com, and send it to Gary Zook at the mailing address or e mail address, on the application. Applications must be received by December 31st.

Stein Fjell's Memorial Scholarship Fund, giving Scholarships or Grants for Cultural Skills classes, had a change in the wording as to who is eligible. For both scholarships and grants, they are available to lodge members in good standing for at least one year, active Affiliate Members, Unge Venner and Heritage Members.

**Juletefest**

Our Christmas party will be Saturday December 12<sup>th</sup> from 2-4 pm at Our Savior's Lutheran Church in Greeley. Please put the date on your calendar now!

At our September meeting, our Sports Director, Jon-Eirik (right), awarded Chris Johnson (left) with the Walking (gang), Skiing, Fitness (idrett) and Biking Enamel Medals. They were replacements for the medals that were lost /stolen during shipment of his property from his previous military post. Chris is a Lt. Col in the US Air Force. Kris Bakich was awarded the Gold Walking Medal

**October Birthdays:**

2: Carol Baldo	15: Steven Gulliksen
18: James Haugen	19: Edward Fadness
19: Inger Kari Ingvaldsen	21: Neva Gulliksen
21: Marian Erdal	22: Corinne White
24: Tim Sagen	27: Debra Walser
29: Priscilla Faulkner	30: Aleksia Johnson

*Please respect fellow members' privacy. names, Phone Numbers, and Addresses must not be redistributed, or used for commercial purpose*

**MEETING REMINDERS FROM RAS**

Stein Fjell Host Coordinator.

For the October 1st meeting, our Refreshment Hosts are: Kris Bakich (chair), Kirsten Gjelde-Bennett, Mickey Schmidt, & Marilyn Loustalet.

Looking ahead to November 5th, our annual Pizza Night. Our refreshment hosts will be: Barbara Nolin, Angela Callow-Mosher, Becky & Jon -Eirik Holm-Johansen, and Lyn Warrick

....Vær så God...

### Bunad Retreat Denver 2016

Sons of Norway Lodge, Lakewood, Colorado is accepting applicants for the Bunad Retreat at Trollheim Lodge located at:

Sons of Norway Lodge, 6610 W. Sons of Norway Lodge, 6610 W. 14th Ave., Lakewood, CO March 11 - 14, 2016

The cost of the class is \$300 for Sons of Norway members and \$350 for non-members which will include rental of a large classroom at the lodge. One half of the tuition is due at the time of registration to reserve your spot. This is not refundable after January 18th.

Remainder of tuition is due by February 4, 2016. Please include your phone number with area code, address and lodge name and number when registering. If you have e-mail, please include your e-mail address.

Absolutely no e-mail reservation requests. The lodge will be available to students daily from 8:00 am to 4:00 pm. You are welcome to bring cookies and snacks for coffee breaks. There will be printed application forms in the back at each Lodge meeting with more information for anyone who is interested!! For more information you may contact:

Linda Ault, 8749 Chase Drive #155, Arvada, CO 80003  
lindault@comcast.net or (720) 350 3307

### Lunch with District Six Vice President

All are invited to have lunch with the District Six Vice President Luella Grangaard. It will be on October 9<sup>th</sup> at noon at the Embassy Suites in Loveland. Please RSVP to Elaine Homan at [rehoman@prodigy.net](mailto:rehoman@prodigy.net) or 303-420-8888 ASAP. You will be responsible for paying for your lunch, but can tour the hotel where the convention is going to be held!

### Sunshine Marian Erdal

We all hope there will be no more Finger Slicing in our Woodcarving Class. Lyle did a little too much slicing and took off a part of his finger. The VA hospital glued him back together. Keep smiling, Lyle!

Nine year old Stefan Moe, a Heritage member, is in and out of Children's Hospital for chemo treatment. Please keep him in your prayers

Also prayers needed for Terry Thompson's health.

### Financial Benefits Counselor

The Benefits of Being a Financial Benefits Counselor

I go to at least five lodge meetings each month throughout Colorado. I get fed well, get to talk to fellow Sons of Norway members and leaders and see great programs. The best program this month had to be the Vestafjell meeting in Cory, Colorado, east of Delta. The program featured five Fjord horses from Thunder Mountain Fjords. Elmer and Brandy Ferganchick brought two mares and their 3 month old foals and their champion stallion, Cedar Valley's Torden Fjell (Thunder for short).

Brandy gave wonderful talk on the history and characteristics of the Fjord Horse breed and about her adventures with Thunder. After finishing a 100 mile mountain trail ride in less than 24 hours, winning numerous trail rides, top places in show, pulling and dressage, these two have proven that Fjord Horses can excel in any type of competition. This gray dun is considered the epitome of the breed.

For those of us at the Cory meeting, the most enjoyable part of the experience was being near these gentle, personable horses. From the colts to the stallion, they were like puppies. They seemed to enjoy us as much as we enjoyed them.

On another topic, those annuities indexed to the stock market have had a bad month. We handle only fixed annuities with a guaranteed return. If you are looking for a stable, predictable retirement plan, please call me at 720 971-0130 or email at

*Mike Johaneson*

Call me at 720 971-0130 or email  
[mjohaneson@gmail.com](mailto:mjohaneson@gmail.com) to talk about  
insurance, annuities or lefse recipes.

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**SONS OF NORWAY**

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Sons of Norway  
**District Six Convention 2016**  
*Save the Dates!*  
 June 19<sup>th</sup> - 22<sup>nd</sup>  
 Embassy Suites Hotel  
 Loveland, CO  
*"Mining Our Heritage"*  
 Hosted by the 7 lodges of **Zone 8 (Colorado)**  
 More info to come!




## VIKING FAIR

7<sup>th</sup> Annual

Community Cultural Event

October 24, 2015

Bazaar and Breakfast

Arts, collectibles, crafts, food, fun, lefse, music, raffles,  
 stories, unique gifts, vendors, Vikings

Proceeds for Charities

Bazaar 9am-2pm Breakfast \$8, 9-11am

Viking Hall

1045 Ford St., Colorado Springs 80915

**Information: 719-351-3554 or 596-6159**

Dorothy/Larue reserve breakfast: **Phone 237-7314**



## Cultural Skills information

...**Hardanger**: We are always welcoming new friends to learn Hardanger embroidery. We are trying to meet on Tuesdays and Fridays (not in the same week) in hopes of getting those who could not make our traditional Friday meetings. We welcome anyone that wants to learn this beautiful craft. Please contact Midge or Ras and let them know which meetings that you will attend. The following meeting dates are:  
 Friday, October 9th At the Erdal home... and Tuesday, October 20th at the home of Midge Parkos.

...**Woodcarving**: We are having a lot of fun learning how to do woodcarving. Lyle even taught us some new carving skills that will help us at Thanksgiving... And...NEW!!! Please contact Angela or Ras if you are interested in joining this group for any style of woodcarving such as Chip carving, Figure carving or Relief carving. Angela can get you started on any one of these skills. Call or E-Mail Angela for more information. We meet at Trinity Lutheran Church in Loveland. Our October meeting date currently are October 29 & a possible addition. Please, remember to contact Angela or Ras if you wish to join this fun group. Like the 7 dwarfs...we whittle while we work

During these Hardanger and woodcarving meetings, we will set more dates in the future.



Also: We had a surprise birthday party for Peggy at our woodcarving session

## SILENT AUCTION

Start saving your silent auction items for our November meeting. The proceeds will be divided between the SON Foundation and Camp Norge! The sales sheets will be available at the Sept., Oct., and Nov. meetings



Our 36th Annual Stein Fjell Lodge Sons of Norway

## Lutefisk & Meatball Dinner

Dinner includes Lutefisk, white sauce/butter, Rosina Swedish Meatballs, vegetables, potatoes, sweet/sour beets & pickles, herring, lingonberries, lefse, scandinavian cookies, riskrem, coffee-lemonade

**...In Loveland at:**

Faith Church  
2707 N. Wilson Ave.  
Loveland, CO 80538

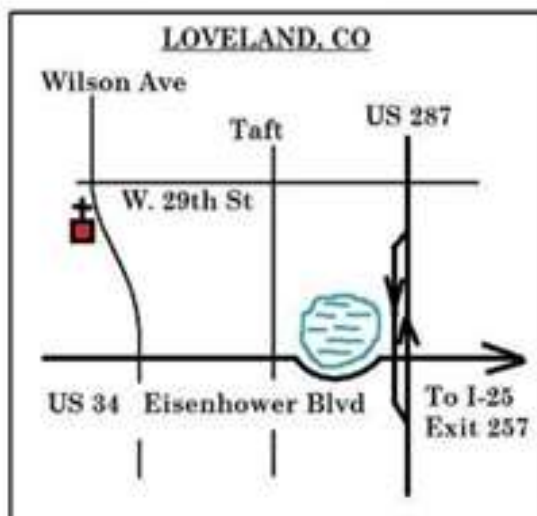


**Saturday, October 17, 2015**

**Dinner Seatings: 3:30 p.m. & 6:00 p.m.**

with Reservations...

**Adults... \$19.00 Children ages 5 to 12...\$8.00**



Event includes: Butikk (Bazaar) with Scandinavian Gifts and Baked Goods for Sale

### For Information & Ticket Sales

Ft. Collins.....Marian Erdal.....(970) 225-9035  
Greeley.....Midge Parkos.....(970) 356-7489  
Loveland.....Barb Nolin.....(970) 667-7641  
Longmont.....Kris Bakich.....(303) 774-8363  
Windsor.....Kristi Quinlan.....(970) 686-9444

PEGGY KVASAGER  
2814 STONEHAVEN DR  
FORT COLLINS CO 80525-5683



Save stamps for TUBFRIM

FIRST CLASS

SONS OF NORWAY  
STEIN FJELL LODGE 6-114  
LOVELAND, COLORADO  
steinfjell.com



**STEIN FJELL LODGE** meets on the first Thursday of each month at 7:00 p.m. in the Spiritual Life Center, Good Samaritan Society – Loveland Village, 2101 S. Garfield Avenue, Loveland, Colorado. Board meetings are held on the third Thursday of every other month at the home of a member. **YOU ARE WELCOME TO JOIN US!**



# SONS OF NORWAY



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.

*Sons of Norway misjon er å fremme og ivareta norske kulturtradisjoner, feire vårt forhold til andre nordiske land, og samtidig tilby de beste forsikrings og finansprodukter til våre medlemmer.*