



### President's Corner

In a sense one can perceive Syttende Mai as a celebration of spring, as much as a North Dakota kid exchanging small May Day candy baskets with neighborhood friends. Or this week's the three inches of rain refreshing the earth and releasing the fragrances of new life.

With that in mind, please participate in Stein Fjell Lodge's annual Syttende Mai celebration Sunday, May 17th.

Rod Skaflen, President

### May Cultural Corner Program:

Our own expert, Paul Bennett, on Norway's Resistance Movement during WWII will present a fascinating program on this subject at May's lodge meeting. What happened to the Royal Family during the Nazi occupation of Norway? How did the Norwegian people act – and react – to the invasion of their country after Norway had declared its "neutrality"? What was so important to the Nazis that they wanted to occupy Norway? What strategies did the Nazis use, both militarily and psychologically, to invade Norway? Did Norway's resistance affect the outcome of WWII? Join us for an evening of important Norwegian history that affected our forefathers forever."



### Mai Calendar

- 7: Lodge Meeting, 7:00 pm, Good Sam LvInd
- 10: Mother's Day
- 14: Ascension Day, Norway
- 14: Wood Carving Class, 6 – 9 pm
- 16: Armed Forces Day
- 17: Syttende Mai: 12:30 – 4:00 pm  
Family Celebration, on lawn behind Good Sam  
Adults \$8.00 Children under 12 \$4.00
- 21: Board Meeting, Parkos house, Greeley
- 24: Whit Sunday, Norway
- 25: Memorial Day observed

### Juni Calendar

- 4: Lodge Meeting: 7:00 pm, Good Sam LvInd
- 14: Flag Day
- 21: Father's Day, US
- 27-28: Estes Park Scandinavian Festival

### Norse Kids + summer time = Norwegian Camp

If anybody in your family, including adults, kids, & grandkids are thinking about camp for this summer, please check out this web page:  
[http:// sofn6.org/arv/camp-trollfjell/](http://sofn6.org/arv/camp-trollfjell/)  
 Camp Trollfjell and Trollfjell Folkehøgskule are Sons of Norway, District 6 programs that provide fun and a great way to learn Norwegian culture for all!

STEIN FJELL CONTACTS for 2014

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**MEETING REMINDERS FROM RAS**

Stein Fjell Host Coordinator.

May 7th. Our hosts will be: Nancy Dunn/Richard Linsenmann (chair), Rick Bilstad, Darlene & Jim Miller, & Jeanne Hanson

Looking ahead to June 4th. Our hosts will be: Midge Parkos (chair), Bonnie Heberlein, Joann Harris, & Nils Klodahl

**DITT OG DATT This 'N' That**

\*Congratulations to Tami and Doug Bothwell on their 25th Wedding Anniversary! (And Doug the roses were gorgeous)! Many more Happy Anniversaries!

\*At the board meeting in March, five charities were selected for our annual donations. These were Larimer County Search and Rescue, Rocky Mountain Immigrant Advocacy Network, Aven's Village Playground in Greeley, Community Food Share, and Ski for Light. One hundred dollars was sent to each of the charities.

**\*SCHOLARSHIP WINNERS:**

You'll be delighted to meet and greet our two Scholarship winners at our May meeting. They are Kelsey Wright who received the Membership Scholarship and Kacie Kaufman who received the Community Scholarship. These two fine Student Athletes will present their winning essays to the lodge. Please be there to welcome them.



Ras and Marian Erdal enjoyed their visit with Dr. Carl Jorgensen. Carl is a former Stein Fjell member, now 101 years old. He is a retired CSU Professor. The Erdals brought him Firklover and Peggy Kvasager sent Lefse for him, and he was overjoyed.

**May Birthdays**

5: Reece Spudich  
6: Claire Grinager  
8: Barrett Ingvaldsen  
12: Clayton Kvasager  
16: Kristi Quinlan  
17: Stephan Moe  
26: Vicki Johnson

**Gratulerer med Dagen!!**

5: Rod Skaflen  
7: Linda H. George  
9: Marianne W. Ness  
14: Simon Reichel  
17: Ian Moe  
22: Jerad Sutton

*Please respect fellow members' privacy. names, Phone Numbers, and Addresses must not be redistributed, or used for commercial purpose*

**SUNSHINE**

Marian Erdal

**Our Unger Venner College Graduates:**

\*Meghan Bothwell has graduated from Colorado Mesa University in Grand Junction, with a degree in Culinary Arts.

\*Rebekah Strand is graduating from Fort Hays State University in Hays, Kansas, with a BS in Elementary Education & Elementary Education Honors with an ESOL (English Speakers of Other Languages) minor.

\*Kira Wright is graduating from George Fox University in Newberg, Oregon, with a BS in Health and Human Performance.

**Our Unger Venner High School Graduates:**

\*Olin Klodahl is graduating from Frontier Academy in Greeley, will be going to Colorado Mountain College in Steamboat Springs to pursue an Associate Degree in Engineering

\*Kelsey Wright is graduating from Summit High School in Breckenridge, will be going to Fort Lewis College in Durango to pursue a Teaching Degree

Three cheers for all of our graduates!!!

### Cultural Skills information

We still have a Wood Carving group & a Hardanger group meeting various times & places. Please contact Ras Erdal if you are interested in observing &/or joining!



Lodge Welcoming Ceremony April 2015  
New members John Martin, Neil Johnson, Ginger Ketels  
with Terry Thompson and Rod Skaflen



Stein Fjell's SYTTENDE MAI  
Family Celebration  
Sunday May 17th, 12:30 pm  
Good Samaritan Society Loveland  
Village Pavilion  
Parking north of Good Sam

Hamburgers, Hot Dogs, Salad, Vegetables  
Chips, Drinks, Desserts & games

\*Adults \$8 \*Children 6-11 \$4 \*under 5 free  
Reservations & payment wanted by 5-14-14  
Contact Gary Zook 970.493.9344

### Financial Benefits Counselor

Nordic Protector Popular New Offering

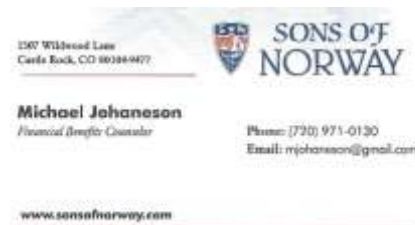
Nordic Protector life insurance can provide the money needed to pay for final expenses, which can be costly. A large percentage of Americans are either not prepared to take on the financial responsibilities associated with a funeral or have no idea of what a funeral costs. Typically, a funeral and associated fees cost about \$11,000 on average.

The Nordic Protector is a simple life insurance product designed to provide the money needed to cover expenses like funeral costs, medical bills, legal, and probate fees, and other end of life expenses.

Another appealing use of this product is to leave a legacy. By owning life insurance, you can name a family member as a beneficiary to receive the tax-free benefits at death. Or, you can buy life insurance and name your favorite charity or foundation as beneficiary or designate that your money go to a special cause.

Finally, the Nordic Protector can be used to insure children and grandchildren. The policy provides cash value growth that the grandchild can use as he or she gets older, plus it provides a basic insurance foundation for life and the good thing is, there are no more premiums.

With Nordic Protector, you make one guaranteed single premium payment and your policy is paid up. There is no medical exam, only simple Yes/No questions. Issue ages are from 0 to 85. Available coverage is from \$5,000 to \$50,000. Dividends can increase the death benefit to help fight inflation or they may be taken in cash.



Mike can be reached by phone at **720 971-0130** or by email at [mjohaneson@gmail.com](mailto:mjohaneson@gmail.com).

## SCANDINAVIAN MIDSUMMER FESTIVAL

June 27-28, 2015

Bond Park, Estes Park, CO

[www.estesmidsummer.com](http://www.estesmidsummer.com)

303.449.9596

<https://www.facebook.com/estesmidsummer>

Come bring your family and celebrate the 2015 Scandinavian Midsummer Festival on Saturday, June 27th from 9:30-5:00 and Sunday, June 28th from 9:30-4:00. The festival is located in downtown Estes Park at Bond Park, at the intersection of Elkhorn Ave (US 36) and MacGregor Avenue. The goal of the festival is to entertain and educate the public about Scandinavian traditions and culture and provide a place for those of Scandinavian descent to gather and share their heritage.

The celebration begins at 9:30 am Saturday morning with the raising of the Maypole, followed by a **Grand March** entrance at 10:00 am. Costumed representatives from each of the five Scandinavian Countries enter the park carrying the flag of their country and the national anthems are played. Dancing and live music continue all day, including dances with the opportunity for audience participation. We expect our **Beer Hall Tent** - the "Beer Krog" - a new feature for the festival this year, to be a huge hit, with lots of drinking songs and much skåling. Also new for this year is our **Cultural Tent**, which will encompass traditional Scandinavian craft demonstrations, flower wreath making for the children, and some easy crafts for both adults and children to do. A Volvo and Saab Vintage Auto Show, located at the bus pull-off adjacent to the park on Elkhorn, will be returning for another season.

A Fashion Show of the various Scandinavian folk costumes is planned for both days. As in the past, there will be a large **Arts and Craft Fair**. Some exhibitors will be selling traditional Scandinavian food, baked goods, decorations and hand-made crafts. The folk-art of decorative painting on wood – called Rosemaling in Norway and Dalamaling in Sweden – will be represented. Exhibitors will also feature hand-crafted items such as pottery, fabric, woodworking, jewelry, painting, metal work, photography, glass and more. Every exhibitor will include Scandinavian inspired or traditional work as part of their collection. At the **Lefse Tent** one can learn how to prepare these famous thin Norwegian potato pancakes, which will also be for sale. The **Fjellborg Vikings** of Colorado are a big draw for the

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children. There will be swordsmanship, traditional crafts and daily life demonstrations at the historically correct encampment. The traditional **Church Service** in Bond Park is planned for Sunday morning at 10:00 am. In addition to all this, there will be a **Silent Auction** and a **Raffle**.

The festival is free to attend and wheelchair accessible. Parking and restrooms are located adjacent to the park.

### Both **Saturday and Sunday All Day:**

Live folk & national music, singing and dancing demonstrations

Arts and craft booths open

Viking encampment, swordsmanship & battle demonstrations

National and regional food booths

National and regional craft and cooking demonstrations

Vintage Saab & Volvo car show

### **Saturday only:**

9:30 am: Raising the Maypole

10 am: Grand entrance of national flags, national and regional costumes and singing of national anthems

### **Sunday Only:**

10 - 10:45 am: Traditional church service

3 pm: Silent Auction closes.

4 pm: Raffle Drawing

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May has been designated Side Dishes month for recipe collection for the "Side Dishes" section of our Stein Fjell cook-book. Please consider copying your favorite recipes to contribute this month, either by bringing the recipes to the March meeting, or emailing them to Kathy or JoAnn.

Of course, any recipes you wish to contribute will always be appreciated and printed, but it might be easier if we each think of specific recipes by category:

May: Side Dishes

Jun: Scandinavian Recipes

Please help us get a Cookbook going!

Kathy Browne at [browneks@gmail.com](mailto:browneks@gmail.com)

JoAnn Kison at [jkison@comcast.net](mailto:jkison@comcast.net).

**Camp Trollfjell**

Dear Sons of Norway District 6 Lodges,  
As you know Camp Trollfjell is coming back again this summer under the new leadership of Erik Peters and Clayton Davis. Among other changes being brought to camp this year, like the newly updated camp website and a camp store, we have decided to do something new and exciting with the T-shirts we give to campers and staff. In past years, the design for the shirts have been made by camp staff and in more recent years, the same design has been used year after year. So we have decided to let the new design for this summer come from the youth throughout district 6. All contestants will have their designs posted on the camp website and Facebook page. Voting will take place on our Facebook page.

The theme for camp this year is "changes." The prizes for 1st through 3rd place go as follows:

- 1st place will have their design put on the shirts for this summer and receive \$25 credit for the camp store
- 2nd place will receive \$10 credit for the camp store
- 3rd place will receive \$5 credit for the camp store

To enter this contest, send your design to

[csdavis89@gmail.com](mailto:csdavis89@gmail.com) by June 1st.

Good Luck contestants!

Sincerely,

Clayton Davis

2717 Princeton Court

Marina, CA 93933

(626) 755-6494

[csdavis89@gmail.com](mailto:csdavis89@gmail.com)

Campers, check out the Facebook page and Web Site for the full letter with information. [www.sofn6.org/ary](http://www.sofn6.org/ary)



We still need a **Rosemaling Teacher** and a **Folk Dancing Instructor** at camp Trollfjell. Can you volunteer? Can you give of your talents to the young people, 8-13 years of age, for two weeks from July 12-25? Visit [www.sofn6.org/ary](http://www.sofn6.org/ary) and read about us.

**SON District Six Convention 2016**

Embassy Suites; Loveland, Colorado

June 19-22, 2016

Mining our Heritage:

Hardanger, Rosemaling, Chip Carving, Klostersøm, Knitting, Painting, Weaving, Crocheting, Figure Carving and more...

Which is your passion of our Norwegian cultural skills? I hope your project for the Folk Arts competition/exhibition is in the works by now. Only a year to go, and I know some of our skills take some time to get done – Please don't tell me that you didn't have time to finish it when you get to Colorado for our 2016 District Convention... June 19-22, 2016! We'll be ready for you! – make sure you are ready to show us what you love to do! Looking forward to a "bang-up" competition and exposition display.

Let's not forget about our youth! Youth up to age 15 are invited to display their work. Ages 16-20 can compete in the Youth class. We would love to see youth interest in these wonderful skills passed on to us!

Entry info will be coming out soon, but if you have questions in the meantime, give me a call – 720-283-8592 – or send a note – [crystalklr@reagan.com](mailto:crystalklr@reagan.com)

Looking forward to it!

Crystal Sundet, Folk Art Coordinator

2016 District Six Convention

**DISCOVER  
CURLING**



There is a new curling arena in Lakewood and Fjelldalen Lodge is wanting to build a SoN team (with cheerleaders).

Contact Dan Schauer for full details, his email: [bablan1@g.com](mailto:bablan1@g.com)

PEGGY KVASAGER  
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Save stamps for TUBFRIM

FIRST CLASS

SONS OF NORWAY  
STEIN FJELL LODGE 6-114  
LOVELAND, COLORADO  
steinfjell.com



**STEIN FJELL LODGE** meets on the first Thursday of each month at 6:30 p.m. in the Spiritual Life Center, Good Samaritan Society – Loveland Village, 2101 S. Garfield Avenue, Loveland, Colorado. Board meetings are held on the third Thursday of every other month at the home of a member. **YOU ARE WELCOME TO JOIN US!**



# SONS OF NORWAY



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.

*Sons of Norway misjon er å fremme og ivareta norske kulturtradisjoner, feire vårt forhold til andre nordiske land, og samtidig tilby de beste forsikrings og finansprodukter til våre medlemmer.*